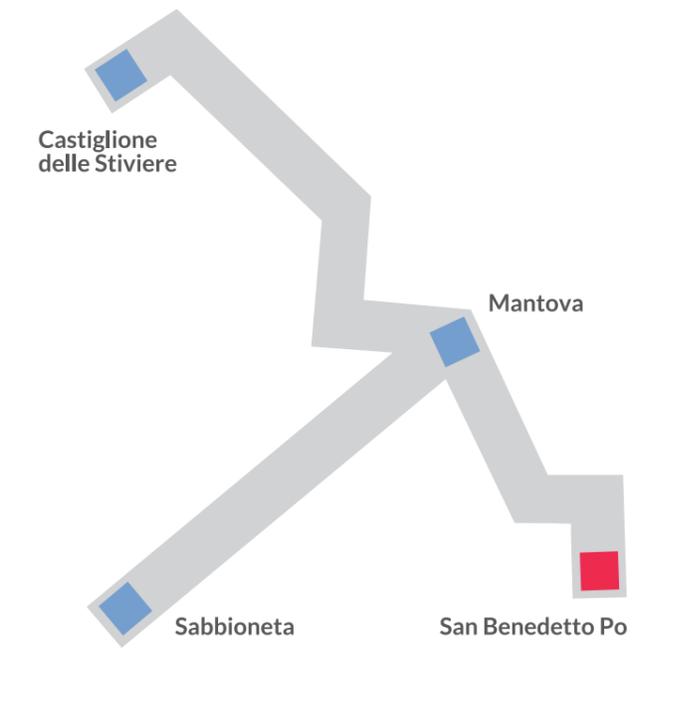


## NATURE

Many cycles and pedestrian paths are present in our territory, both for experts and beginners



SAN BENEDETTO PO: 45°02'21" N 10°55'57" E



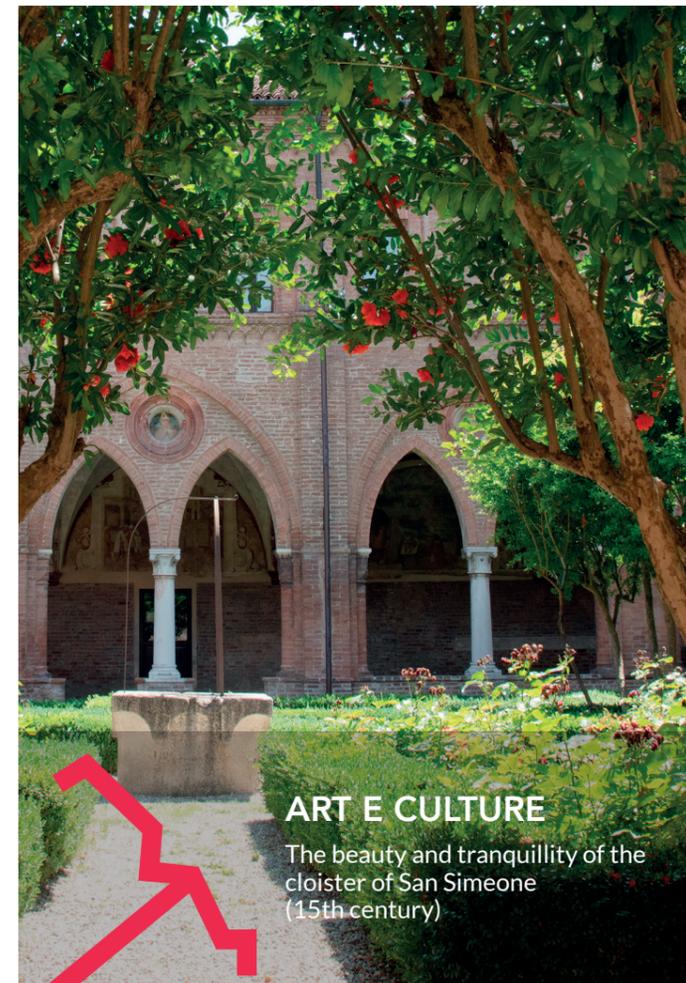
# SAN BENEDETTO PO

## A monastery on the river.

The history of this village is linked to that of the Benedictine monastery of San Benedetto in Polirone, founded by Tedaldo di Canossa, grandfather of the famous Countess Matilde, in 1007 on an island located between Po and Lirone Rivers, a branch of the great river that has now disappeared. The **monastic complex** is an articulated set of buildings, well preserved and open to visitors: the **cloister**, the **refectory**, the **16th cellars**, the **library** and the **scriptorium**.

A visit to San Benedetto cannot but end with a stop to taste **local food and wine excellences**. A cuisine closely linked to the products and the supply chains of a territory known for the most important agriculture in Italy, thanks to the monks' patient work of land reclamation.

Upon living the monastery, you will immediately feel the proximity and the call of the great river. As you ride along the numerous paths that pass through our territory, you will be surprised to find unique landscapes and if you need assistance for your bike... no problem! In our territory, there are **tree bike-points** equipped with tools, electric socket, pump and water fountain. San Benedetto Po is a municipality that supports itinerant tourism, so you can find two parking areas, one equipped, in a residential area very close to the centre, and the other as a simple car park, in the heart of the village. A territory that will excite you, making every moment an unforgettable memory



## ART E CULTURE

The beauty and tranquillity of the cloister of San Simeone (15th century)



## ENOGASTRONOMY

Agricultural products of excellence, all to be savoured

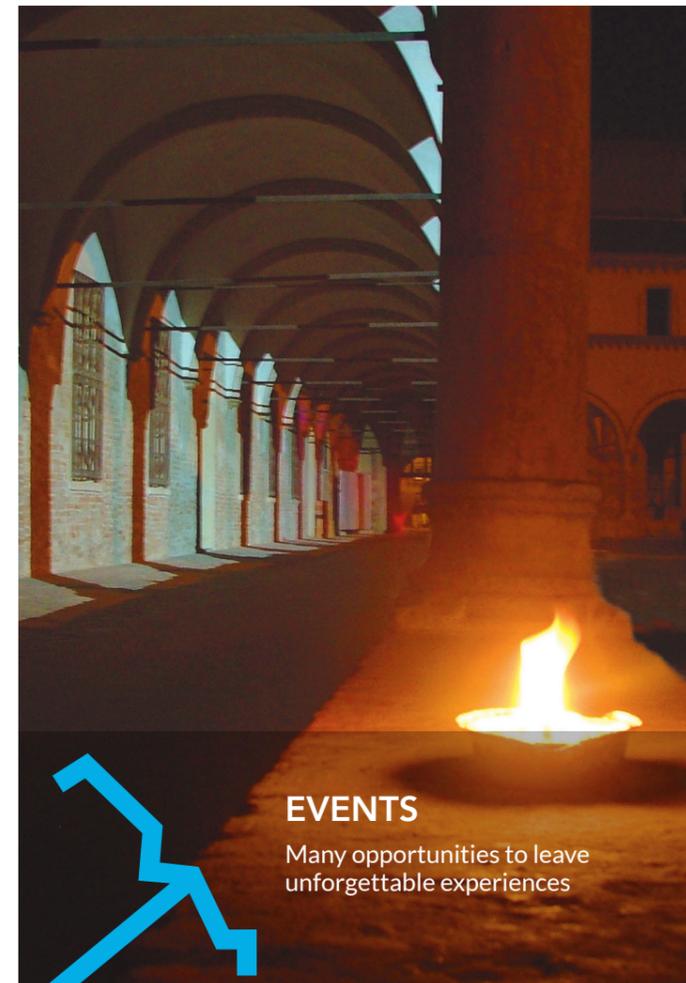
# THE PROJECT

**NOBILI SEGNI, popular paths and palaces of power in Gonzagas' lands** is the title of the project financed by Regione Lombardia out of the "Viaggio in Lombardia" III Edition Call. The project involves the Cities of Mantova, as lead partner, Sabbioneta, San Benedetto Po and Castiglione delle Stiviere.

The project aims to define and enhance paths and cycle paths that identify Mantova as hub and crossing point for the discovery of the territory. The articulation of routes is based on the tourism potential of activatable resources, cultural, natural and gastronomic heritage.

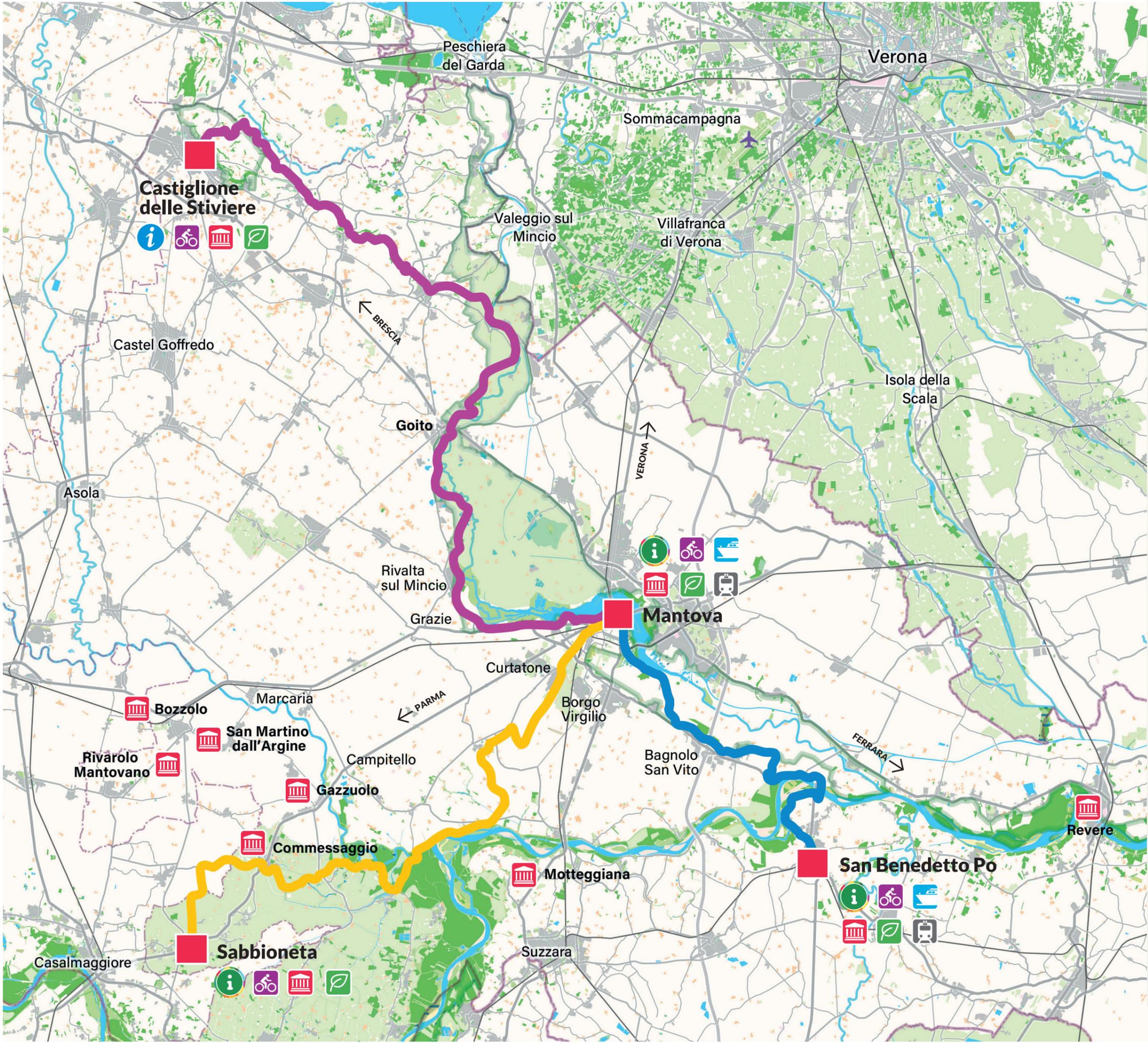
From Castiglione delle Stiviere, to the north, the route follows the "Via Charlemagne", the path travelled by Charlemagne in the year 800 from Aachen to Rome. From Mantua, following the cycle paths, it is possible to reach Sabbioneta to the West and San Benedetto Po to the east, discovering the territory of the Gonzagas' capitals of the Mantuan Oglio Po and Oltrepò.

A virtuous process of sharing and promotion that can be discovered with an electric trekking bike fleet, available to travellers and associations of the territory.



## EVENTS

Many opportunities to leave unforgettable experiences



**LEGEND**

-  Via Charlemagne
-  Cycle route Mantova / Sabbioneta
-  Cucle route Mantova / San Benedetto Po
-  Art e Culture
-  Nature
-  Bike rental
-  Railway station
-  River dock Boat

**INFORMATION**

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**Municipality of Sabbioneta**  
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